

# INSPIRATION NEWS

April 2020

Welcome to Inspiration newsletter. We would like to say a big thank you from all of us to all the Keyworkers.



## Message From Inspiration



We hope you all had an enjoyable Easter and took time to enjoy the sunshine.

Well done to all our parents, carers and learners for carrying on during these uncertain times and for completing the home learning. If you are finding the planned timetable does not quite go to plan with your child and baking puts a smile on their face then it is OK to be flexible.

It is important to try to remember that you will probably never get this family time again. It may be a bit chaotic at times but it is important to appreciate spending time with your loved ones in the comfort and safety of your own homes.

Remember to follow the Government guidelines and look after yourself and stay safe.

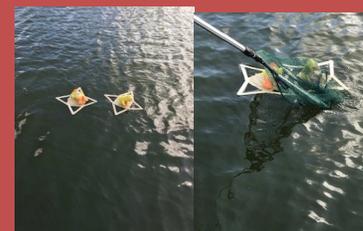
Stay in touch during this time please contact us in the following ways:-

Email – [office.inspiration@icollege.org.uk](mailto:office.inspiration@icollege.org.uk) [ukonlinelearninginspiration@icollege.org.uk](mailto:ukonlinelearninginspiration@icollege.org.uk)

Office – 01635 877114 – Inspiration Work Mobile – 07340 942165

## EXCITING TRIPS

Our students have had a busy and exciting term, this has included visits to Pathhill, Newbury Library, 4 Kingdoms, Finkley Down Farm, The Living Rainforest and National Trust where they all enjoyed learning in the outdoors.



COVID 19  
West Berkshire Hub

West Berkshire now have a hub to offer support to families during lockdown.

Please see the following links:-

<https://info.westberks.gov.uk/coronavirus-communityhub>

Please look at the following link which gives advice on how to talk to your children about Coronavirus.

<https://www.berkshirewestsafeguardingchildrenpartnership.org.uk/scp/parents-and-carers/information-for-parents-and-carers>

## This Terms News!

Students of Inspiration were visited by COINs this term to talk about how it feels to be a Christian. Below are some of the activities that they participated in.



### Eco Warriors

Our eco warriors have been reminding us all term to switch off lights and all our learners have had the opportunity to enjoy litter picking around our school environment. They have also been very busy making Eco Bricks – watch this space to see what they build out of them!

### World Book Day

Students & Staff enjoyed world book day and everyone enjoyed dressing up as their favourite book character.



# CALENDAR



## DATES FOR YOUR DIARY

*During this uncertain time please continue to complete home learning following the dates below. We look forward to welcoming your child back to school as soon as we receive updates from the Government that this is safe to do so.*

Monday 25<sup>th</sup> May 2020 – BANK HOLIDAY

Monday 26<sup>th</sup> May – Friday 29<sup>th</sup> May 2020 – Half Term

Monday 20<sup>th</sup> July – Tuesday 1<sup>st</sup> September 2020 Summer Holidays

Wednesday 2<sup>nd</sup> September 2020 – New Term Begins

THESE DATES MAY CHANGE SLIGHTLY DUE TO INSET DAYS

## USEFUL INFORMATION

Please find enclosed:

NHS – Family Life During Lockdown Information  
Supporting Children & Young People with worries about COVID-19  
Talking to children about COVID-19  
My wellbeing journal  
School closure home learning

### Useful Links

FSM Application

<https://info.westberks.gov.uk/freeschoolmeals>

We are now using the government scheme and you should all now be receiving your £15 vouchers if you are eligible for free school meals.

You may find it helpful to be able to talk to someone at any time of day or night about your feelings. You can call Samaritans on 116123 or Childline on 0800 1111.

There are many apps which you can download to help with your mental health. A list of the NHS approved apps can be found here  
<https://www.nhs.uk/appslibrary/category/mental-health/>

The Charlie Waller Foundation provides support for Young People dealing with anxiety and depression. More information and resources are on their website here  
<https://www.studentsagainstdepression.org/>

Young Minds is a national charity supporting parents and young people with mental health difficulties. They operate a 24 text service for young people in need of support. Simply text SHOUT to 85258 and a crisis worker will text back. In addition, they also have a dedicated helpline for parents who may be worried about a child, 0808 8025544. Further information about their services can be found on their website:  
[www.youngminds.org.uk](http://www.youngminds.org.uk)

Given your child's internet/social media use is likely to be at an all time high, we thought it would be useful to share with you a link to some advice from the NSPCC around online safety:

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/>

As part of our topic work people who help us, the children have been very lucky and have had several visitors into school and trips out of school. These include:

Metro Bank  
Adviza (Careers)

These visits inspired all the students to write descriptions about what they want to be when they grow up.



Well done to all our learners for work completed at home. Below are some examples:-



## REMINDERS FOR THOSE STILL ATTENDING SCHOOL

Please remember if your child is sick or does not require a taxi into school please call 01635 877114 before 8am and leave a message on the answer phone.

If your child's taxi does not arrive 10 minutes after expected pick up time please call 01635 877114 so that we can chase.

As the weather is now getting warmer please ensure that your child has suncream on before they come to school. Please do not send your child in with a water bottle we will provide water during the day. Please note that children should wear school uniform at all times. If you are entitled to free school meals and are struggling to buy uniform please let us know so that we can assist.

If your child is not free school meals please remember to bring a packed lunch into school everyday.

Please remind your child about our "Kind Hands & Kind Feet" policy.

